



Joppa Flats Education Center: Sound Map

Using a pencil, pen, or marker: create a map of the boundaries you are in. Participate in the “Quiet Sit.” After this activity, mark an **X** wherever you hear sounds while you were sitting silently.

A large, empty rectangular box with a thin black border, intended for participants to draw a map of the boundaries they are in and mark an 'X' where they hear sounds.